

USD #287 February Lunch Menu

Mon

Tue

Wed

Thu

Fri

All menus served with choice of milk:
1%, chocolate or strawberry.
Our homemade bread is whole wheat.
"C" denotes vitamin C content
"A" denotes vitamin A content
"WG" denotes whole grain
We try to offer 4 choices of vegetables/
fruits daily.

6
Hamburger on WG Bun
Sweet Potato Fries (A&C)
Lettuce & Tomato (C)
Baked Beans
Peaches (A)
Graham Crackers (WG)

13
Ham & Cheese Buns (WG)
Sun Chips
Cucumbers/Dip
Coleslaw (A&C)
Strawberries & Bananas (C)
Granola Round (WG)

20 NO SCHOOL

27
Chili Dog (C & WG)
Corn
Green Pepper Strips (C)
Peaches (A)
Cinnamon Rolls

7
Taco Salad (WG, C)
Refried Beans
Fruit Cocktail (A)
Rosey Applesauce
Rice Krispy Treats

14 Happy Valentines!
Chicken Nuggets (heart shaped)
Mashed Pot/Gravy
Tossed Salad (A&C)
Green Beans
Mandarin Oranges (A&C)
Biscuits
Valentine Cookies

21
Cheeseburger
Sweet Potato Fries (A&C)
Lettuce & Tomato (C)
Baked Beans
Peaches (A)
Fruit Cocktail

28
Three Meat Pizza (WG)
Green Beans
Baby Carrots (A)
Rosey Applesauce
Mandarin Oranges (A&C)

1
Barbequed Beef on a Roll (WG)
California Blend (A&C)
Celery
Orange Wedges (C)
Mixed Fruit (A&C)
Funnel Cakes (missed KS B-Day!)

8 Early Dismissal
Corndogs (WG)
Corn Chips (WG)
Peas (A&C)
Carrot Stix (A)
Mandarin Oranges (A&C)
Apple Wedges

15
Sausage Pizza
Corn
Baby Carrots (A)
Pineapple (C)
Apricots (A)
Garlic Breadsticks (WG)

22
Chicken Chunks
Baked Potato Wedges
California Blend (A&C)
Pineapple (C)
Rosey Applesauce
Biscuits

29
Salisbury Steak
Mashed Potatoes & Gravy
Carol's Carrots (A)
Tossed Salad (A&C)
Muffins
Fruit Basket Upset (WG)

2
Chicken Tenders
Baked Potato Wedges
Peas (A)
Mandarin Oranges (A&C)
Rosey Applesauce
Muffins

9
Hot Chicken Sandwich (WG)
Carol's Carrots (A)
Steamed Broccoli (A&C)
Pineapple (C)
Mixed Fruit (A&C)

16
Burrito w/Cheese Sauce
Mexican Rice
Refried Beans
Broc/Caul/Dip (A&C)
Pears
Cherry Crisp

23
Chicken Quesadillas
Tortilla Chips/Salsa (C & WG)
Baby Carrots (A)
Corn
Mandarin Oranges (A&C)
Oatmeal Muffin Squares

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3
Crispitos
Refried Beans
Tortilla Chips w/Salsa (C&WG)
Cucumbers Slices/dip
Pineapple (C)
Pumpkin Cake (A)

10
Beef & Noodles
Mashed Potatoes
Broccoli/dip (A&C)
Banana
Apricots (A)
Cinnamon Puffs (WG)

17
Lasagna (C)
Garden Salad (A&C)
Peas (A)
Fruit Cocktail
Hot Rolls (WG)

24
Chicken Fried Steak
Mashed Potatoes & Gravy
Garden Spinach Salad (A&C)
Apricots (A)
Banana (C)
Hot Rolls