




# January 2010– Lunch Menu



Mon	Tue	Wed	Thu	Fri
<b>4</b> 	<b>5</b> <b>Classes Resume</b> <b>Corn Dogs</b> <b>Multigrain Sunchips</b> <b>Baked Beans</b> <b>Broccoli &amp; Cheese</b> <b>Peaches</b> <b>Fruit Juice Bars</b>	<b>6</b> <b>Beef &amp; Noodles</b> <b>Mashed Potatoes</b> <b>Peas</b> <b>Rosey Applesauce</b> <b>Pineapple</b> <b>Biscuits</b>	<b>7</b> <b>Ravioli Bake</b> <b>Max Stix</b> <b>Green Beans</b> <b>Carrot Sticks</b> <b>Strawberries</b>	<b>8</b> <b>Teriyaki Chicken</b> <b>Tossed Salad</b> <b>Corn</b> <b>Mandarin Oranges</b> <b>Hot Rolls</b> <b>Pumpkin Spice Cupcakes</b>
<b>11</b> <b>Salisbury Steak</b> <b>Mashed Potatoes &amp; Gravy</b> <b>Salad Bar (K-5 Garden Salad)</b> <b>Rosey Applesauce</b> <b>Apricots</b> <b>Graham Crackers</b> <b>Hot Rolls</b>	<b>12</b> <b>Hot Chicken Sandwich</b> <b>Ranch Potatoes</b> <b>Broc/Cauliflower/Dip</b> <b>Green Beans</b> <b>Pears</b> <b>Oatmeal Cookies</b>	<b>13</b> <b>Sausage Pizza</b> <b>Carrot Stix</b> <b>Corn</b> <b>Fruit Cocktail</b> <b>Breadsticks &amp; Marinara</b>	<b>14</b> <b>Chicken Enchiladas</b> <b>Chips &amp; Cheese Sauce</b> <b>Refried Beans</b> <b>Hays Vegetable Salad</b> <b>Pineapple</b>	<b>15</b> <b>Hamburger</b> <b>Lettuce, Dill Pickle</b> <b>Curly Fries</b> <b>Peaches</b> <b>Orange Juice</b>
<b>18</b> <b><u>NO SCHOOL</u></b>	<b>19</b> <b>Beef Cavitini</b> <b>Tossed Salad</b> <b>Green Beans</b> <b>Cinnamon Apples</b> <b>Muffins</b>	<b>20</b> <b>Hot Dogs</b> <b>Multigrain Sunchips</b> <b>Baked Beans</b> <b>Corn</b> <b>Peaches</b> <b>Pineapple</b>	<b>21</b> <b>Turkey Wrap</b> <b>Sweet Potato Fries</b> <b>Celery Stix</b> <b>Mandarin Oranges</b> <b>Fruit Basket Upset</b>	<b>22</b> <b>Chicken Fried Steak</b> <b>Mashed Potatoes &amp; Gravy</b> <b>Steamed Broccoli</b> <b>Celery Stix</b> <b>Banana</b> <b>Hot Rolls</b>
<b>25</b> <b>Taco Salad Bar (K-5 Taco Salad &amp; Refried Beans)</b> <b>Mexican Rice</b> <b>Mexicali Corn</b> <b>Strawberries</b>	<b>26</b> <b>Chicken Nuggets</b> <b>Mashed Potatoes &amp; Gravy</b> <b>Carrot Stix</b> <b>Peas</b> <b>Fruit Juice Bars</b> <b>Hot rolls</b>	<b>27</b> <b>Cheese Pizza</b> <b>Broccoli/Cauliflower/Dip</b> <b>Green Beans</b> <b>Apricots</b> <b>Breadsticks &amp; Marinara</b>	<b>28</b> <b>Chili &amp; Crackers</b> <b>Corn</b> <b>Fruit Four Salad</b> <b>Applesauce</b> <b>Cinnamon Rolls</b>	<b>29</b> <b><u>KANSAS DAY</u></b> <b>Mac &amp; Cheese w/Little Smokies</b> <b>Garden Salad</b> <b>Carol's Carrots</b> <b>Lunch Bunch Grapes</b> <b>Biscuits</b> <b>Sunflower Cookies</b>